Question of the Week

How do people and nature interact?

High Frequency Words

- moved
- girls
- together
- family
- why

Concept Words

- granddaughters
- garden
- spaghetti
- supermarket
- herb
- window box

Learning Goals

• People can grow plants.
• Herbs add flavor to food.
• You can grow an herb garden at home.
Nana is from Italy. She moved to New York. Now she is near her granddaughters. Their names are Donna and Teresa.

The girls love Nana. They love to cook spaghetti and meatballs together!
Today Nana looks sad.

"Why are you sad?" the girls ask.

"Well," says Nana, "I love living here with you. But I miss my herb garden in Italy."
“What are herbs?” ask the girls.

“Herbs are plants,” says Nana. “They look beautiful. They also make food taste good.”
There are many herbs. Some are parsley, basil, rosemary, and oregano.

Nana grew these herbs in her garden. In New York, she does not have an herb garden.
The girls have an idea! “We know where you can get herbs! Go to the supermarket,” they say.

“No. Those are dried herbs. I like fresh herbs,” says Nana. “Fresh herbs are better for cooking.”
The girls want to help. They will make an herb garden for Nana! Dad and Mom help too. They buy a window box, soil, and herb plants. The girls plant the herbs in the window box.
Nana is happy! After the plants grow, she has fresh herbs again. She can use them in her cooking.

Nana teaches the girls how to cook with fresh herbs.

The whole family is happy!
Talk About It

1. What makes Nana sad?
2. Why is an herb garden important to Nana?
3. How do Donna and Teresa help Nana?

Write About It

4. Think of someone who is sad. On a sheet of paper, write two sentences that tell how to make the person happy.

Extend Language

Action words that end in -ed happened in the past. For example, Nana moved. Change the following words to show that they happened in the past.

<table>
<thead>
<tr>
<th>Action Word</th>
<th>Happened in the Past</th>
</tr>
</thead>
<tbody>
<tr>
<td>cook</td>
<td></td>
</tr>
<tr>
<td>help</td>
<td></td>
</tr>
</tbody>
</table>